

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and

Spring GOLD Menu 2018



| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|-------------------|--|---|---|--|---|
| Week 1 01-Jan 22-Jan 19-Feb 12-Mar | Main | Hotdogs with Tomato Sauce with Jacket Wedges | Macaroni Pastichio (made with organic mince beef) | Roast Chicken with Stuffing and Roast Potatoes and Gravy | Organic Beef Cottage Pie | MSC Breaded Fish with Chips & Tomato Sauce |
| | Vegetarian | Quorn Hotdogs with Jacket Wedges | Vegetable Soup with filled baguette | Quorn Fillet With Roast Potatoes and Gravy | Macaroni Cheese with Garlic Bread | Vegetable Fajitas with Chips |
| | | Jacket Potato with Cheese/Beans | Jacket Potato with Cheese/Beans | Jacket Potato with Cheese/Beans | Jacket Potato with Cheese/Beans | Jacket Potato with cheese |
| | Dessert | Peas / Sweetcorn | Peas / Cauliflower | Carrots / Broccoli | Sweetcorn / Green Beans | Baked Beans / Garden Peas |
| Shortbread Yoghurt Fruit platter | | Apple and Mixed Berry Crumble & Custard Yoghurt Fruit Chunks | flapjack Yoghurt Fruit Pieces | Pineapple Upside Down Cake with Custard Yoghurt Fruit Platter | Pear Muffin Yoghurt Fruit Salad | |
| Week 2 08-Jan 29-Jan 26-Feb 19-Mar | Main | Beef Meatballs in Tomato Sauce with Rice | Chicken and Red Pepper Pizza with Potato Wedges | Roast Turkey with Roast Potatoes & Gravy | Organic Beef Mince Pasta Bolognaise | MSC Battered Fish with Chips & Tomato Sauce |
| | Vegetarian | Vegetable Pasta Bake | Tomato Soup with filled Baguette | Quorn Fillet with Roast Potatoes | Quorn Mince Pasta Bolognaise | Cheese & Pepper Whirl with chips |
| | | Jacket Potato Cheese/Beans | Jacket Potato Cheese/Beans | Jacket Potato Cheese/Beans | Jacket Potato Cheese/Beans | Jacket Potato Cheese/Beans |
| | Dessert | Peas / Sweetcorn | Carrots / Peas | Broccoli / Sliced Carrots | Cauliflower / Sweetcorn | Baked Beans / Garden Peas |
| Pear Crumble and Custard Yoghurt Fruit Platter | | Lemon Drizzle Cake Yoghurt Fruit Chunks | Chocolate Cookie Yoghurt Fruit Pieces | Apple & Berry Strudel with Custard Yoghurt Fruit Platter | Chocolate and Orange Brownie Yoghurt Fruit salad | |
|  Soil Association Week 3 15-Jan 05-Feb 05-Mar 26-Mar | Main | Beef Burger in a Bun with Jacket wedges | Chicken Tikka & rice | Roast Pork with Roast Potatoes and Gravy | Beef Tortilla Stack with Garlic Slice | MSC Fish Fingers with Chips & Tomato Sauce |
| | Vegetarian | Vegetarian Burger with Jacket Wedges | Vegetable Soup with filled Baguette | Quorn Fillet with Roast Potatoes | Macaroni Cheese with Garlic Slice | Vegetarian Sausage with Chips |
| | | Jacket Potato Cheese Beans | Jacket Potato Cheese / Beans | Jacket Potato Cheese / Beans | Jacket Potato Cheese / Beans | Jacket Potato Cheese / Beans |
| | Dessert | Peas / Sweetcorn | Carrots / Green Beans | Peas / Broccoli | Carrots / Sweetcorn | Baked Beans / Garden Peas |
| Carrot Cake with Custard Yoghurt Fruit Platter | | Chocolate Crunch with Chocolate Custard Yoghurt Fruit Chunks | Jelly with a Side of Mandarins Yoghurt Fruit Pieces | Banana Cake & Custard Yoghurt Fruit Platter | Lemon & Cucumber Cake Yoghurt Fruit Salad | |